

Parent to Parent Support Group

Raising School Age Kids (Under 18)

who have Issues with:

Mood, Anxiety and/or Depression

Dates:

Wednesday, September 17th

Wednesday, October 22nd

Thursday, November 13th

Wednesday, December 10th

WE'VE GOT ISSUES!
JOIN US FOR A FREE, CONFIDENTIAL AND INFORMAL
SUPPORT GROUP IN WESTCHESTER COUNTY, NY

7:30pm

LEARN TO HELP. LEARN TO COPE

- ✓ IDEAS THAT HELP YOU TAKE CARE OF YOURSELF AND YOUR FAMILY
- ✓ A CHANCE TO SHARE YOUR EXPERIENCE
 - ✓ LEARN FROM OTHERS

For more information & to RSVP

Contact either:

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